

Regus Suites, 17<sup>th</sup> Floor, JKUAT Towers, Kenyatta Avenue,

P. O. Box 18582 - 00100, Nairobi, Kenya.

NITA: NITA/TRN/1234

O700 722 522 S 0722 300 245.

Email: admin@achrp.org | Website: https://achrp.org

## IHRM: C00259

## **Effective Stress Management Skills Training**

Date	Venue	CPD	Cost (Excl. VAT)PP	Registration Link
14th Oct, 2017		1	2,500.00	Register Here

## **Course Overview**

**Course Objectives** 

By the end of this program, participants will be able to:

## **Target Groups**

This training is suitable to a wide range of professionals but will greatly benefit;:

DenMGathitu

CHRP. Den PN Gathitu Secretary General <u>Academy of Certified Human Resource Professionals</u>